

# Mental Health Cluster of Catalonia

## MUNICIPALITY

Sant Boi de Llobregat

## HEADING

The Mental Health Cluster of Catalonia is a strategic bid of the city to develop mental health projects and create the International Centre of Excellence for Mental Health of Catalonia, with headquarters in the Marianao Palace.

## ECONOMIC AND TECHNICAL DETAILS

- Date cluster founded: 16 January 2013, with headquarters in Sant Boi de Llobregat
- Members of the Mental Health Cluster of Catalonia Association: 22 members, including companies, services and institutions

## PROJECT DESCRIPTION

The primary aims of the Mental Health Cluster of Catalonia are to generate cohesion, to conduct research, to provide care and training, to promote internationalisation and to spur the development of opinion on mental health. In 2013, progress was made in the legal development of this project, with the signature of the articles of association on 16 January, formally founding the Cluster, which is made up of twenty-eight members, including companies, universities and institutions.

This project also moved forward in the development of the three strategic lines that form its promotion plan: aging, the ICTs and prevention. For example, as regards the activities related to its dissemination, the year 2013 was essential to the development and achievement of goals. Thanks to the efforts of the members of the Cluster and its board of directors, this institution was able to carry out different activities such as the café-project on "Aging and Mental Health", on 18 April, and the seminar "Mobile Technologies in Mental Health: Challenges and Opportunities", on 18 December at the Mobile World Center. Also worthy of note was the Cluster's participation in diverse mental health conferences, such as the first Jornada eSalutMental (eMentalHealth Conference), which was held on 23 January 2013 at the Sant Joan de Déu Health Park.

Among results obtained, mention must be made of the university expert course in childhood and adolescent mental health, which was given by the UNED during the 2013 academic year.

For 2014 the Cluster planned to develop its objectives by defining its Plan of Action.

## REFERENCE WEBSITE

[www.santboisalutmental.cat](http://www.santboisalutmental.cat)

## NAME OF PROJECT MANAGER

Conrad Felip, Manager of Promotion for the Mental Health Cluster of Catalonia, of the Barcelona City Council